

ADULT MENTAL HEALTH AND SUBSTANCE USE SERVICES

Organizations and Resources | White Rock-South Surrey

WRSS Mental Health Intake Line: 604 541 6844
Substance Use Central Access Line: 1 866 624 6478

Mental Health Services

Substance Use Services

GP Referral Required



White Rock-South Surrey Mental Health & Substance Use Services
fraserhealth.ca/mentalhealth
15521 Russell Ave, White Rock
604 541 6844

Fraser Health Authority. Counselling, case management, substance use, group therapy & psychosocial rehabilitation services for adults & older adults.
GP referral encouraged *



Early Psychosis Intervention – EPI
15521 Russell Ave, White Rock
604 538 4278

Fraser Health Authority. Assessment & intervention for youth & young adults experiencing psychosis.



Options Community Services
options.bc.ca
13520 78 Ave, Surrey
604 596 4321

Non-profit offering psychosocial rehabilitation programs & housing support.



Sources Substance Use & Counselling Services
sourcesbc.ca
882 Maple Street, White Rock
604 538 2522

Non-profit offering free substance use counselling for people struggling with their own or someone else's use. Primary Care Network funded 8 session counselling for mild/moderate mental health or other life issues.



Fraser Health Substance Use Services – Central Access Line
1 866 624 MHSU (6478)
Fax: 1 866 966 4949

Fraser Health Authority. Specializes in substance use assessment, counselling, referrals, education & groups. Outreach services also available.



Creekside Withdrawal Management Centre
13740 94A Ave, Surrey
604 585 5610

Fraser Health Authority. Short-term medical supervision & support for individuals experiencing withdrawal symptoms.



White Rock Opioid Agonist Treatment Clinic
604 541 6844

For anyone with concerns related to substance use or addiction to opioids (e.g. fentanyl, oxycodone).



RAC Rapid Access Clinic
15521 Russell Ave, White Rock
604 541 6844

Fraser Health Authority. Psychiatric assessment & consultation service.
GP referral required *



CRESST Community Residential Emergency Short Stay & Treatment Program
13525 98 Ave, Surrey
604 587 4220

Fraser Health Authority. Community-based 24h short-stay program for mental health stabilization & treatment.
GP referral required *

HELP LINES

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| Alcohol & Drug Resources (24 hrs) | 604 660 9382 |
| Fraser Health Crisis Line (24 hrs) | 604 951 8855 |
| HealthLinkBC (healthlinkbc.ca) (24 hrs) | 811 |
| Kuu-us Aboriginal Crisis Line | 1 800 588 8717 |
| Prideline (7–10pm) | 1 800 566 1170 |
| Suicide Line (For clients, family, & friends) | 1 800 784 2433 |
| Surrey Mobile Assault Response Team (24 hrs) | 604 583 1295 |

MORE RESOURCES

HealthLink BC – Call 811 – 24 hour Health Info & Advice Line
211 (text or call) – For Community, Government & Social Services
medimap.ca – to find a family doctor and for Walk-In Clinics wait times and hours
Community Service Directory –
whiterock-southsurrey.pathwaysbc.ca

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| Aboriginal Mental Health Liaison Services | 604 953 4900 |
| Alexandra Neighbourhood House | 604 538 5060 |
| Food Bank (Sources) | 604 531 8168 |
| Fraser Health Authority Family Support Services | 1 833 898 6200 |
| Peace Arch Hospice Society (Grief Counseling) | 604 531 7484 |
| Public Health White Rock/South Surrey | 604 542 4000 |
| Quibble Creek Sobering Centre | 604 580 4965 |
| Sources Community Resources Society | 604 531 6226 |
| Whale House Mental Health Clubhouse | 604 536 3480 |
| Women’s Place Resource Centre (including trauma counselling) | 604 536 9611 |

NOTES

WEBSITES

aa.org (Alcoholics Anon)
anxietycanada.ca
askanadvocate.ca
avalonrecoverycommunity.org
bc-counsellors.org
copelandcenter.com
ementalhealth.ca
foundrybc.ca
fraserhealth.ca/mentalhealthna.org (Narcotics Anon)
openmindbc.ca
options.bc.ca
smartrecovery.org
sourcesbc.ca
phsa.ca/transcarebc

APPS

Mindshift App
 Calm App
 Headspace App

NALOXONE

Safe Use Supplies

Mobile Unit: 604 328 7610

White Rock Public Health:
604 542 4000

Free Take Home Naloxone

Mobile Unit: 604 328 7610

White Rock Public Health:
604 542 4000

Local Pharmacies: call first

White Rock Mental Health &
Substance Use: 604 541 6844

Sources Community Resource
Society: 604 538 2522

Web

Towardstheheart.com

All services free, unless otherwise noted